

COURSE OUTLINE - ESTHETICS

900 HOURS

COURSE TITLE

Esthetics

This course is 200 hours longer than the minimum standards required by the State of Indiana. This school has chosen to add 200 hours to the minimum standard to enhance the minimum curriculum, required by the State of Indiana. The additional subjects include, but are not limited to essential oils, advanced massage, advanced skin modalities, micro blading, chemical treatments, and spa studies. The job descriptions required by the employer are more demanding than what is required in a basic 700-hour program.

This course includes free employment assistance and includes but is not limited to classes/Career Path in professionalism, resume development, interview preparation, and job search skills.

COURSE DESCRIPTION

This course is divided into two levels of study. The **freshman level, 0 – 450 hours**, presents introductory lessons and skills to the learner. At this level, the student will learn the basics skills of client charting, skin analysis, cleansing, massage, and machine activity. The **second level, 450-900 hours**, allows the learner to practice those skills in the lab that were acquired during the freshman level of study. It will also include those theories and lab activities inclusive of advanced spa services. This area of study will include, but not be limited to micro-dermabrasion, hot stone therapies, and body work. This is the area of study in the lab that allows the learner the opportunity to practice both basic and multiple advanced methodologies. All levels of training provide theory lectures/demonstrations.

COURSE OBJECTIVES/GOALS

The goal of the esthetics course is to provide the learner with the opportunity to obtain their esthetic license and to enter the job market with entry level skills.

PROJECTS/ASSIGNMENTS

The student must complete the Indiana Progress Book and any independent assignments given during classroom activity.

The student's progress during each of the two levels of training is evaluated quantitatively. The following is a list of required MINIMUM assignments.

0 - 450 Hours	200 Assignments
451 - 900 Hours	895 Assignments

EVALUATION/GRADING

Theory exams are given weekly. Practical evaluations are given periodically throughout the course.

A cumulative score composed of attendance, weekly theory exams, quantitative assignment completion and applicable practical evaluations are used to determine satisfactory progress through out the course. A minimum standard of 80% is required.

GRADUATION EVALUATION

All assignments, projects, tests, and hours must be completed before the student is eligible for graduation. School finals completed with a minimum score of 80% enable the student to file for their licensing exam.

Grading scale A> 95 % - 100 % B> 94 % - 90 % C> 89 % - 80 % F > 0 - 79 %

ATTENDANCE

The maximum time frame for course completion is 150%. To complete the course within the contractual obligations, the student must attend class 90% of the time. Students will be billed for hours/work required beyond the terms of their enrollment contract.

TEXTBOOKS/REFERENCES/PERIODICALS

Milady Standard Textbook for Professional Estheticians, Day Spa Magazine, Skin Inc., Massage Magazine.

LAB

Lab activities are applicable periodically throughout both the junior and senior levels of training. The intent of lab activity is to prepare the student for the salon and its various job descriptions.

INSTRUCTORS

Miss Jan
Miss Michelle
Miss Moe

COURSE CONTENT/UNITS

Chemistry	40 Hours
Physiology/Dermatology	60 Hours
Bacteriology/Sterilization/Sanitation	35 Hours
Machinery	90 Hours
Introduction to Skin Care	45 Hours
Skin Care	155 Hours
Make Up	50 Hours
Eyelash/Eyebrow	40 Hours
Safety	20 Hours
Personality/Professionalism	20 Hours
Management	25 Hours
Salesmanship;	
Career Development/Career Path	25 Hours
Statue and Rules	10 Hours
Hair Removal	40 Hours
Discretionary	<u>245 Hours</u>
TOTAL	900 Hours

COURSE FORMAT

A portion of this program is done online. Students will receive a hardcopy textbook and an online version of the same; this will require dependable online access off site. The portion of the studies done online will require the student provide and/or have regular access to a computer, printer, ink, and paper.

This course will combine various methods of instructions that include lecture, demonstration, participation by the student, evaluations, and actual "hands on" experiences. This course will enable the student to begin and learn theory and practical skills on their clients as well as prepare for the salon/spa experience. Instructional techniques will be enhanced with the aid of guest lecturers, as well as various audio visual materials